

## Behavior Intervention Support Team

B.I.S.T. Blog - <http://tomzbistblog.blogspot.com/>

BIST Website - <http://www.bist.org/>

B.I.S.T is a school-wide behavior management plan that increases student learning time, stops disruptive/hurtful behavior, and teaches skills that will lead to life success.

B.I.S.T. helps students work on these life goals:

1. I can take good care of myself, even if I am mad.
2. I can be productive and follow directions even if I don't want to.
3. I can be okay when others are not okay.

The two basic rules of B.I.S.T. are:

- 1. It is never okay to be disruptive!**
- 2. It is never okay to be hurtful!**

To help teachers, administrators, parents and students learn techniques to effect positive change and create a healthy learning environment for all. This is accomplished through G.R.A.C.E. The acronym G.R.A.C.E. stands for Giving Responsibility and Accountability to Children in Education.

Grace is:

Providing what students need, not what they deserve  
Having a relationship when students reject you  
Having the courage to hold students accountable

Grace is not:

Being permissive  
Lowering standards  
Giving more chances

Accountability is:

Guiding students to look at what problems the behaviors create in the student's lives  
Providing consequences to protect students  
Waiting for students to partner with adults

Accountability is not:

Using anger to get compliance  
Punishing students  
Withholding attention

### B.I.S.T. Vocabulary

You may hear your child or your child's teachers use the following terminology.

#### CARING CONFRONTATION

How an adult provides the one redirection with consistent language as well as non-punitive actions and intent.

#### SAFE SEAT

A designated seat in the student's regular classroom intended to provide a safe place where the disruptive behavior can stop. The student is not in trouble. The safe seat provides a place to keep the student out of trouble. A student can place him/herself in the safe seat as well as being assigned by an adult.

#### PROCESSING

A discussion between the adult and student used to develop a plan for the student to be accountable for and change disruptive/hurtful behavior.

#### BUDDY ROOM

A safe seat in another classroom used when a student needs an alternative safe seat for a variety reasons.

#### RECOVERY

The assignment to a safe seat or buddy room for an extended period of time, for students who are having difficulty changing their disruptive or hurtful behavior.

#### PROTECTIVE PLAN

What the school and family develop together to provide the structure and support to stop the student's disruptive behavior and to teach the student needed using skills.